

Bau 178

BAU Gallery presents

Opening Reception: Second Saturday, October 12, 6-9 pm

Exhibit runs through November 3, 2019

GALLERY 1

Meghan Spiro

Without Fear & Full of Love

One in four women have been a victim of severe physical violence with intimate partner in their lifetime, and I am one of them. For years, I spent my life in silence about the abuse, as it happened and in my attempts to recover. I found myself ill-equipped to handle my PTSD, my addictions, and my self-loathing. It wasn't until I signed up to write this story and manifest these self-portraits that I actually began my deeper healing, transmuting my suffering into wisdom and my loathing into love. These poems and artwork are my truth that I bare to all who have suffered in silence over their abuse. It's time to face our shadows in full honesty and rise above our pain in full embrace of our totality so that we may finally live without fear and full of love.

IN GALLERY 2

Pamela Zaremba and Joel Werring

Collapsed Time

A joint exhibition featuring paintings and drawings by Joel Werring and photographs by Pamela Zaremba, and investigating themes of nostalgia and the subversion and reinterpretation of memory in American home and family life. This exhibition, to be curated by Claudine Maidique and presented at BAU Artist Union, is the second collaboration between Werring and Zaremba.

In the Beacon Room A collection of small works by BAU artists.

506 Main Street, Beacon, NY 12508, 845 440-8089

For more information contact: *Carla Goldberg* - PR manager, 845 440-8089

Gallery Hours are Saturdays and Sundays 12-6 p.m.